WILL YOU BE HAPPY IN 2011?

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The Holy Scriptures speak of happiness. Solomon wrote, ***"Whoever trusts in the Lord, happy is he (Proverbs 16:20)."*** David wrote, ***"Happy are the people whose God is the Lord (Psalm 144:15)."*** Consider the following rules for happiness:

1. *Count your blessings, not your bruises. You will be amazed.*

2. *Seek for good in everyone and in everything. Be a "good seeker" and not a "fault finder".*

3. *Learn to count. All things have a place in life. Some people cannot keep the important things in first place.*

4. *Fill your life with good. Clean out the trash, and fill your life with good thoughts and good deeds.*

5. *Cultivate a yielding disposition. Resist the common tendency to want things your own way. Try to see the other person's point of view.*

6. *Let go and let God take over. The only way to find peace and happiness is to let God take the controls of our life.*

Abraham Lincoln said, "Most folks are about as happy as they make up their minds to be." Henry Ward Beecher wrote, "The strength and the happiness of a man consists in finding out the way in which God is going, and going in that way too."

Let's <u>make</u> our new year happy!